



Palliative Care
Western Australia
Living, dying & grieving well

Advance care planning: Contacts and information

Palliative Care WA

Call 1300 551 704 or email info@palliativecarewa.asn.au Web: <https://palliativecarewa.asn.au/>

- Advance care planning education and support services
- Palliative caring booklets; grief and loss resources

Advance Care Planning and Advance Health Directive Forms

WA Department of Health

A range of resources including:

- *Advance Health Directive* form and guide
- A brochure for the Aboriginal community of WA
- Values and preferences statement for a person with impaired decision-making capacity
- Translated resources for Culturally and Linguistically Diverse (CALD) groups

Website: www.healthywa.wa.gov.au/Advancecareplanning

Order resources from: acp@health.wa.gov.au or call (08) 9222 2300

How to upload onto My Health Record – <https://www.digitalhealth.gov.au/initiatives-and-programs/my-health-record/whats-inside/advance-care-planning>

Advance Care Planning Australia (national service)

Call 1300 208 582 from 9am – 5pm (AEST) Monday to Friday: www.advancecareplanning.org.au/

Palliative Care (see also Palliative Care WA, above)

Carer Support – register on 1800 422 737 or www.carergateway.gov.au

Waiting Room Revolution – A better illness journey – <https://www.waitingroomrevolution.com/>

CarerHelp - Caring for someone approaching the end of life – <https://www.carerhelp.com.au/>

Older adults – support at home

Support at Home - <https://www.myagedcare.gov.au/aged-care-programs/support-at-home-program>

End of life pathway (for an older person diagnosed with 3 months or less to live) -

<https://www.myagedcare.gov.au/aged-care-programs/end-life-pathway>

Wills, Enduring Power of Guardianship and Enduring Power of Attorney

Office of the Public Advocate (OPA)

Enduring Power of Guardianship and Enduring Power of Attorney forms and information guides can be downloaded from the Office of the Public Advocate (OPA). They also have a telephone advisory service. www.publicadvocate.wa.gov.au or call 1300 858 455.

The Office of the Public Trustee

Independent, professional trustee and asset management services: www.publictrustee.wa.gov.au
Wills, Deceased Estates and Enduring Power of Attorney – call 1300 746 116.

Elder Rights WA

Free legal advice and information for people aged 65+ and First Nations and CaLD people 55+
Call 1300 650 579 or ElderRightsWA@legalaid.wa.gov.au

Citizens Advice Bureau

Information and referral, and a low-cost legal advice service that can help you with making a will, EPA and EPG: www.cabwa.com.au or call (08) 9221 5711 – Monday to Friday 9.30am–4.00pm.

Advocare

Information and advocacy to protect the rights of older people: www.advocare.org.au or call 1300 724 679.

Organ and Tissue Donation

Donate Life WA <https://www.donatelife.gov.au/register-donor-today> Phone: (08) 9222 0222

Voluntary Assisted Dying

Information about Voluntary Assisted Dying: www.health.wa.gov.au/voluntaryassisteddying
Phone: (08) 9431 2755 Email: VADcarenavigator@health.wa.gov.au

Dying process, funeral options and legacy

What happens when we die – <https://www.youtube.com/watch?v=CZDDByTOVr0>

My legacy – Lasting Words – <https://palliativecarewa.asn.au/volunteering/the-lasting-words-project/>

Information about different funeral, burial and cremation options in WA:

- Options to consider: <http://www.mcb.wa.gov.au/planning-ahead>
- Planning a funeral: <http://www.afda.org.au/>
- Funeral costs: <https://www.moneysmart.gov.au/life-events-and-you/over-55s/paying-for-your-funeral>

How to notify services of a person's death – <https://deathnotification.gov.au/>

What to do with a person's digital profile – <https://www.esafety.gov.au/key-topics/digital-wellbeing/what-happens-to-your-digital-accounts-after-you-die>