



## Advance care planning: Contacts and information

### Palliative Care WA

Call 1300 551 704 or email [info@palliativecarewa.asn.au](mailto:info@palliativecarewa.asn.au) Web: <https://palliativecarewa.asn.au/>

- Advance Care Planning workshops – face to face and online
- Advance Care Planning support services – workshops and 1-1 support
- Palliative caring booklets
- Grief and loss resources

### Advance Care Planning and Advance Health Directive Forms

#### WA Department of Health

A range of resources including:

- *Values and Preferences* form and *Advance Health Directive* form and guide
- A brochure for the Aboriginal community of WA
- An Advance Care Plan for a Person with Insufficient Decision-making Capacity
- Translated resources for Culturally and Linguistically Diverse (CaLD) groups

Website: [www.healthywa.wa.gov.au/Advancecareplanning](http://www.healthywa.wa.gov.au/Advancecareplanning)

Order resources from: [acp@health.wa.gov.au](mailto:acp@health.wa.gov.au) or call (08) 9222 2300

How to upload onto My Health Record – <https://www.digitalhealth.gov.au/initiatives-and-programs/my-health-record/whats-inside/advance-care-planning>

#### Advance Care Planning Australia (national service)

Call 1300 208 582 from 9am – 5pm (AEST) Monday to Friday: [www.advancecareplanning.org.au/](http://www.advancecareplanning.org.au/)

### Palliative Care

#### Palliative Care WA *(see above)*

**Carer Support** – register on 1800 422 737 or [www.carergateway.gov.au](http://www.carergateway.gov.au)

#### Waiting Room Revolution

Seven keys for navigating a life-changing diagnosis – <https://www.waitingroomrevolution.com/>

**CarerHelp** - Caring for someone approaching the end of life – <https://www.carerhelp.com.au/>

**HELP App** – coordinate your support network – <https://healthyendoflifeprogram.org/>

## Wills, Enduring Power of Guardianship and Enduring Power of Attorney

### Office of the Public Advocate (OPA)

Enduring Power of Guardianship and Enduring Power of Attorney forms and information guides can be downloaded from the Office of the Public Advocate (OPA). They also have a telephone advisory service. [www.publicadvocate.wa.gov.au](http://www.publicadvocate.wa.gov.au) or call 1300 858 455.

### The Office of the Public Trustee

Independent, professional trustee and asset management services: [www.publictrustee.wa.gov.au](http://www.publictrustee.wa.gov.au)  
Wills, Deceased Estates and Enduring Power of Attorney – call 1300 746 116.

### Elder Rights WA

Free legal advice and information for people aged 65+ and First Nations and CaLD people 55+  
Call 1300 650 579 or [ElderRightsWA@legalaid.wa.gov.au](mailto:ElderRightsWA@legalaid.wa.gov.au)

### Citizens Advice Bureau

Information and referral, and a low-cost legal advice service that can help you with making a will, EPA and EPG: [www.cabwa.com.au](http://www.cabwa.com.au) or call (08) 9221 5711 – Monday to Friday 9.30am–4.00pm.

### Advocare

Information and advocacy to protect the rights of older people: [www.advocare.org.au](http://www.advocare.org.au) or call 1300 724 679.

## Organ and Tissue Donation

### Donate Life WA

Information: <https://www.donatelife.gov.au/register-donor-today> Phone: (08) 9222 0222

## Voluntary Assisted Dying

Information about Voluntary Assisted Dying: [www.health.wa.gov.au/voluntaryassisteddying](http://www.health.wa.gov.au/voluntaryassisteddying)  
Phone: (08) 9431 2755 Email: [VADcarenavigator@health.wa.gov.au](mailto:VADcarenavigator@health.wa.gov.au)

## Dying process, funeral options and legacy

What happens when we die – <https://www.youtube.com/watch?v=CZDDByT0Vr0>

My legacy – Lasting Words – <https://palliativecarewa.asn.au/volunteering/the-lasting-words-project/>

Information about different funeral, burial and cremation options in WA:

- Options to consider: <http://www.mcb.wa.gov.au/planning-ahead>
- Planning a funeral: <http://www.afda.org.au/>
- Funeral costs: <https://www.moneysmart.gov.au/life-events-and-you/over-55s/paying-for-your-funeral>

How to notify services of a person's death – <https://deathnotification.gov.au/>

What to do with a person's digital profile – <https://www.esafety.gov.au/key-topics/digital-wellbeing/what-happens-to-your-digital-accounts-after-you-die>