



## **Advance Care Planning Support Service**

## Would you like some FREE practical help with your Advance Care Planning?

Advance Care Planning is the process of making plans that cover your future care, lifestyle, health and finances so you have a say in what happens in the last part of your life. It's important to start your Advance Care Planning early in life when you can speak and decide for yourself.

## Taking the next steps

If you have previously attended one of our <u>Advance Care Planning Community Workshops</u> but haven't yet been able to take the next steps, then our FREE support service can help you to:

- · identify what you want for your future care
- complete your advance care planning documentation
- work out how to talk to your loved ones about your future care wishes.

The Advance Care Planning Support Service comprises the following options:

- 1. Advance Health Directive (AHD) document support group workshops (open to all community members) See the **events** section of our website for dates.
- 2. Office location 1–1 support (open to all community members)
- 3. In-home 1–1 support (referral required)
- 4. Online or phone 1–1 Support (open to all community members but especially those in rural or remote locations).

## Who is this for?

It is preferred that participants have attended an Advance Care Planning Education workshop before using this service. If you haven't yet attended an education workshop, please see our website events section to find one suitable for you – <a href="https://palliativecarewa.asn.au/events/">https://palliativecarewa.asn.au/events/</a> Both in-person and online workshops are offered.

**Please note**: We don't provide any legal, financial or health advice and are not able to arrange witnessing of documentation. Individuals retain responsibility for anything written or decisions expressed within their documents.

The Advance Care Planning Support Service is funded by the WA Department of Health as a pilot project in 2025.

To find out about the service or to sign up for a workshop, please call 1300 551 704, email info@palliativecarewa.asn.au or visit palliativecarewa.asn.au