

Host a free Advance Care Planning Workshop



Palliative Care
Western Australia
Living, dying & grieving well

WHAT IS ADVANCE CARE PLANNING?

We all want to have a say in what happens in the last part of our lives. By making plans that cover your future care, lifestyle, health and finances, you're not only working out what you want, you are also making things easier for those around you. This process is called Advance Care Planning.

Partner with us

Experienced – Palliative Care WA has delivered numerous informative and interactive community workshops on Advance Care Planning in Perth and regional WA over many years. We work in partnership with community groups, not-for-profit organisations and workplaces to bring this important service to the WA community.

Effective – Our workshops have been proven to be highly effective, so we know community members who have participated in a workshop understand more about advance care planning and have also started their own planning.

Free – Our workshops are funded by WA Health and are free to hosting organisations and participants.

Flexible – We come to you and can deliver workshops in metropolitan Perth as well as in rural and regional areas of WA. You can choose to hold a workshop exclusively for your members, group or audience, or we can promote the workshop more widely and open it up to others in the community.



What people are saying

'The workshop has given me confidence to go ahead with my older age planning.'

'Thank you for your presentation – our family will 'bless you' as do I.'

'A wonderful, heartfelt and engaging workshop, well delivered and with a real respect for everyone present.'

'Thank you. It was enlightening information and great to have a conversation I wouldn't have thought to have otherwise.'

What we cover

- What's involved in Advance Care Planning.
- Exploring what matters to you and what your priorities are for the last stage of life.
- How to have a conversation about your wishes with your family, loved ones and health care providers.
- What is involved in palliative care and when it should be offered.
- How to complete documents such as Advance Health Directive and Enduring Power of Guardianship.

Customised workshops

We can provide a customised workshop to meet the needs of specialised audiences. Some examples are:

- people living with cancer or other conditions or illnesses
- those experiencing cognitive decline
- carers
- culturally and linguistically diverse groups.

Who provides what?

Face-to-face workshops – 2.5 hours

What we provide

- Interactive workshops with an engaging and knowledgeable presenter.
- A promotional flyer you can use to reach your audiences.
- Microphone and speaker (if needed)
- Comprehensive resource packs for workshop participants.
- An evaluation process.

What you provide

- Active promotion of the workshop to provide a **minimum of 30 registrants**.
- Manage the registrations process.
- A suitable venue or meet the cost of venue hire.
- Microphone and speaker (if possible)
- An AV screen.
- Refreshments or light lunch dependent on the workshop length.
- Interpreters if required.

Online workshops – 1.5 hours

What we provide

- Interactive workshops with an engaging and knowledgeable presenter.
- A promotional flyer you can use to reach your audiences.
- A link to download the full resource pack is emailed to everyone who registers for the online workshop. A hard copy of the full resource pack is posted to everyone who attends the online workshop.
- The link for participants to access the online workshop. We utilise Zoom for this process and include a helpful 'tips' handout in the resource packs.
- An evaluation process.

What you provide

- Management of the registration process by collecting names, email addresses, phone numbers and postal addresses.
- Email the link to the resource packs & the Zoom link prior to the workshop.
- Supply the names and addresses of workshop participants to Palliative Care WA after the workshop so we can post resource packs to them.
- Inform participants that their contact details will not be kept by Palliative Care WA.

Interested in hosting a FREE workshop?

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